



Return to Train Protocol

All training will adhere to Colorado Department of Public Health, Larimer County and Colorado Soccer Association guidance.

- All players and coaches should take their temperature prior to leaving their house for training and if anyone has a temperature exceeding 100.3 degrees Fahrenheit he/she is not allowed to attend.
- No one may attend training if not feeling well, is currently under quarantine, or has had close contact with a person with COVID-19 in the last 14 days. Anyone who develops symptoms during training will be excused immediately and parents of all players in attendance, as well as the club, must be notified immediately.
- Small group training shall not exceed 25 total individuals but should typically be kept to a single team size of 10-18 players.
- **Attendance is strictly voluntary and if a family or player is hesitant or concerned about returning, then he/she shall be excused. Their decision will be respected and will not be held against them with player placement.**
- Social distancing is required at these sessions. Coaches should develop sessions conducive to keeping a minimum of 6 feet between players whenever possible.
- Players are not allowed to share water bottles. Common use hydration stations will not be provided.
- Coaches must ensure that no hand shaking, high fives, or hugs take place before, during or after training sessions. Players must adhere to this rule or will not be allowed to participate.
- Coaches and players should wash hands prior to departing for training. They should bring hand sanitizer and will be encouraged to use it upon arrival, during and at the end of training.
- Coaches should wear masks whenever possible. Players should wear masks as they arrive and depart, but are not required to wear them during training. Any player who wishes to wear a mask during training may do so.
- Every player is encouraged to bring their own ball. If this is not possible the coach may provide balls that have been disinfected prior to every session.
- Players should wash clothing and disinfect personal equipment after every session.
- Players are not allowed to touch the ball with their hands. The exception will be within the GK training. All GK will be required to provide their own ball and will use their ball for the duration of training and they will need to sanitize it after every session.
- Coaches are responsible for all equipment at all times. Players are not allowed to set up or break down equipment, including discs, balls, goals etc.
- Competition based training including scrimmages, possession, or anything with close contact will only be allowed for 30 minutes of each session.
- Parents are asked to follow traffic patterns and follow social distancing protocol during your child's session. Additionally, we ask that players arrive at the designated time and depart promptly at the conclusion. This will help us limit congestion and meet county guidelines regarding group size.

- All training activities will occur outdoors.
- In the event of a child becoming ill or inclement weather, we ask that parents remain with their vehicle in the parking lot.

All protocols must be followed, these are non-negotiables. If you are unwilling or unable to follow these protocols, then you are not allowed to conduct or participate in training. Every member and coach of the club is receiving these protocols in an attempt to make sure that we are all on the same page.

It's important for us to remember that adhering to protocol is important and we ask that all parents help us with impressing upon the children that protocol must be followed as the spike in COVID-19 could result in further suspension in the coming months.