

APPENDIX B - PLAYER RESPONSIBILITY



All Colorado Soccer Association clubs will communicate to their players and members the following approved CSA guidelines.

- Any player who is not feeling well, having a fever at or higher than 100.4, or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is not allowed to participate. Additionally, any player who has been in contact with someone who has tested positive for COVID-19 may not attend training.
- Avoid high fives, handshakes and any form of touching.
- Maintain a minimum of six feet social distancing throughout training, if possible.
- Players should wear masks when not actively training, including while coming to or leaving the field. Players are allowed to wear mask while training, but this is a personal choice and is not mandatory.
- While not actively participating, maintain six feet of social distance. It is suggested that team benches not be used, or that cones be placed in-between seats on team benches.
- Player should use hand sanitizer before practice, during breaks, and after practice. Each club will make sanitizer available to coaches and players and it is recommended that players have individual containers as well.
- All players should bring their own ball, and avoid sharing it as much as possible. All balls should be sanitized after each practice or game.
- It is recommended to wash all uniforms after each training session or game.
- No sharing of water bottles or food. Bring your own water, as water fountains and water stations will not be available.
- Only coaches are to move team equipment such as cones, training poles, goals, etc.
- No spitting! This includes goalie gloves.
- No sharing of scrimmage vests (pinnies). All players should bring a dark shirt and a white shirt to each training session so that they are able to change teams without sharing of vests. Girls should wear a tank top or t-shirt under their training shirt so they may comfortably switch.
- No congregating before or after practices or games is allowed. Practice and game times should be staggered to allow for social distancing between entrance and exit of teams.